



Paraíso Escondido

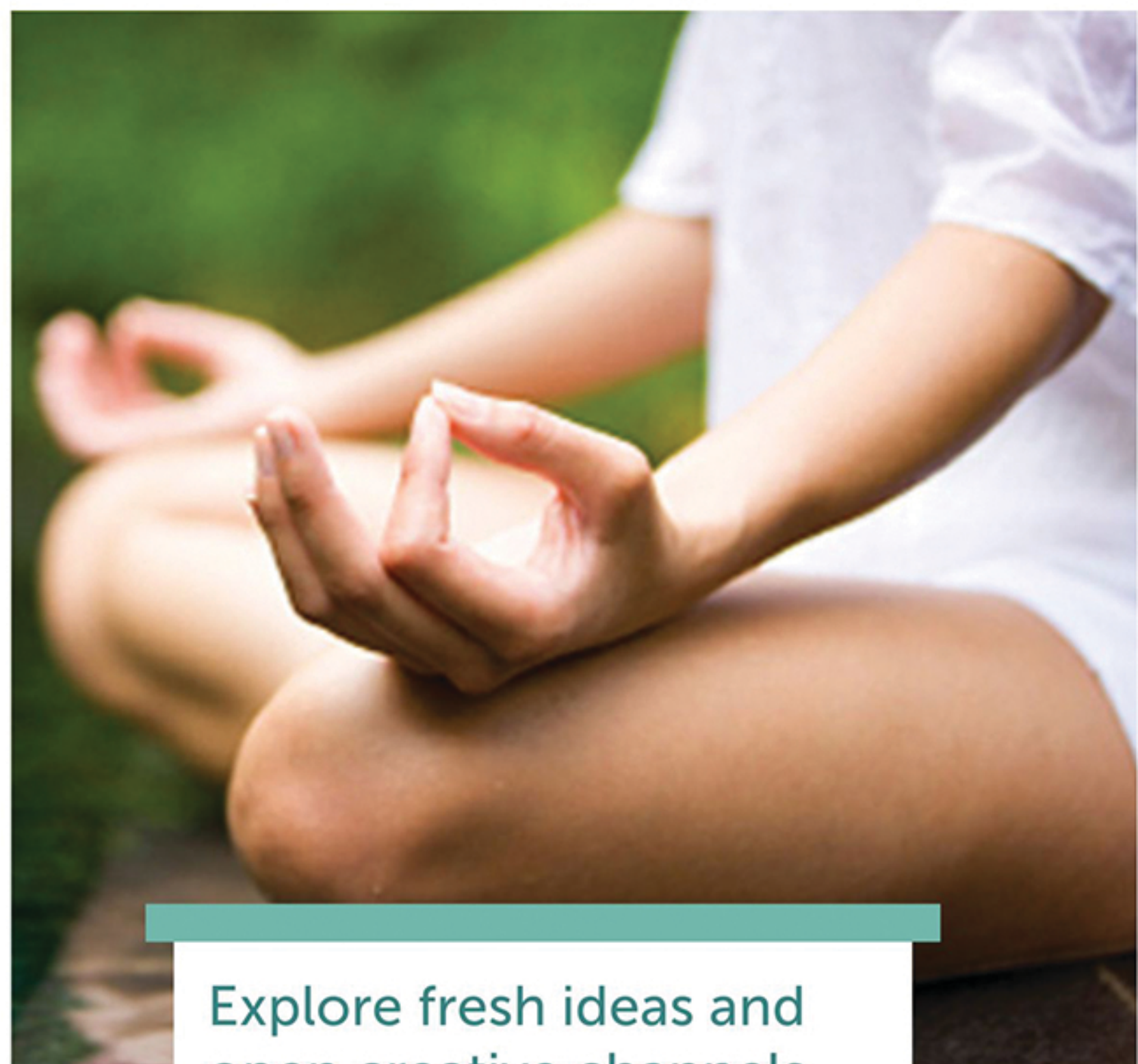
The focus and intention of this retreat is to **nourish your soul** by the **luxury of time to focus on art and nature.**

We offer you pure *nature, space, time* and *planned activities* which encourages a non-judgemental healing process.

ART RETREAT

Berny Serrão & Louise Chardon

3 - 7 march 2021



Explore fresh ideas and open creative channels from your renewed vision.

Activities include:

QiGong daily classes

Meditation

Nature Walks

Healthy and Nutritious

Vegetarian Meals

Drawing and Painting Art
Classes

SPECIAL RETREAT PRICE

4 Nights

for 2 people sharing a double room

1.060€

4 Nights

for single occupancy in a double room

900€

Includes

Accommodation, meals and activities.

Excludes

Transfers and alcoholic drinks.

For more information

Please contact us directly via e-mail: info@paraisoescondido.pt

